



What's in Season?

Crops in season in Macomb and surrounding area as indicated by producers responding to a survey.

	January	February	March	April	May	June	July	August	September	October	November	December
Vegetables												
Asparagus												
Beans (green/yellow)												
Beans (dried)												
Beets												
Bok Choy												
Broccoli												
Brussel Sprouts												
Cabbage												
Carrots												
Cauliflower												
Chard												
Collards												
Corn (sweet)												
Cucumbers												
Edamame Soybeans												
Eggplant												
Garlic												
Kale												
Kohlrabi												
Lettuce												
Mustard Greens												
Okra												
Onions (storage)												
Onions (sweet)												
Onions (green)												
Peas (sugar snap)												
Peas (shell)												
Peas (snow)												
Peppers (sweet)												
Peppers (hot)												
Potatoes (Irish)												
Potatoes (sweet)												
Pumpkins												
Radishes												
Rhubarb												
Salad Mix												
Spinach												
Squash (winter)												
Squash (summer)												
Tomatoes												
Turnips												
Zucchini												
Fruits/Nuts												
Apples												
Blackberries												
Blueberries												
Cantaloupe												
Cherries												
Chestnuts												
Grapes												
Melon (other)												
Peaches												
Pears												
Plums												
Raspberries												
Strawberries												
Watermelon												
Meat												
Beef												
Chicken												
Lamb/Sheep												
Pork												
Turkey												
Dairy												
Eggs												
Cheese												
Goat Milk												
Cow's Milk												
Herbs												
Basil												
Rosemary												
Other or Processed Goods												
apple cider												
cut flowers												
sunflowers												
gladiolus												
mums												
jams jellies												
mushrooms												
leeks												

Online Resources

Illinois Fresh

www.urbanext.uiuc.edu/fresh/

Illinois Farm Direct

www.illinoisfarmdirect.org/

MarketMaker (University of Illinois)

www.marketmaker.uiuc.edu/

Illinois Markets Information System: Food and Agribusiness Guide

www.agr.state.il.us/markets/mis/

Prairie Bounty of Illinois (Illinois Specialty Growers Association)

www.specialtygrowers.org/bounty.htm

FamilyFarmed.org

<http://www.familyfarmed.org>

A Campaign for Real Milk

www.Realmilk.com

Eat Wild, the #1 site for grass-fed food and facts

www.Eatwild.com

Local Harvest: real food, read farmers, real community

www.localharvest.org

Eat Well Guide: Find Good Food, Local, Sustainable, Organic

<http://www.eatwellguide.org/i.php?id=Home>

Illinois Stewardship Alliance

www.illinoisstewardshipalliance.org

The Land Connection

www.thelandconnection.org/

U of I Agroecology & Sustainable Agriculture Program (ASAP)

<http://asap.sustainability.uiuc.edu/>

Illinois Farm Beginnings

<http://illinoisfarmbeginnings.org/>

Sustainable Table: Serving Up Healthy Food Choices

www.sustainabletable.org/

100 Mile Diet: Local Eating for Global Change

<http://100milediet.org/home/>

FoodRoutes

www.foodroutes.org

Slow Food

www.slowfood.com

Community Food Security Coalition

<http://www.foodsecurity.org/>

National Campaign for Sustainable Agriculture: A groundswell for change

www.sustainableagriculture.net/

Food Initiatives Group

www.macombfig.org

